



Bremerton Senior Center ActiveUs Newsletter Jan. - March, 2026



The "Active Us" is THE place to get your information for
the Bremerton Senior Center.
1140 Nipsic Ave., Bremerton, WA 98310

BREMERTON SENIOR CENTER

CENTER HOURS: MON-FRI 8 AM TO 3 PM

STAFF

Lisa Garland, Recreation Program Coord. III
Samantha Klous, Program Assistant

VOLUNTEER RECEPTION

Monday: Berta Stone
Tuesday & Thursday: Mac Whittlesey
Wednesday: Marie Erickson
Friday: Al Butler
Volunteer Coordinator: Matt Klous

CENTER HOLIDAYS

We are closed on the following dates:

Thurs. Jan. 1st & Fri. Jan. 2nd

Mon., Jan 19th, Martin Luther King Day

Mon., Feb. 16th President's Day

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VOLUNTEER OF THE QUARTER -BERTA STONE



Berta has been active with the Center for 4+ years. She donated her quilt machine to the Center and teaches members in it's use. She volunteers in the office on Mondays and recently helped with the huge job of reorganizing our storage. Thanks Berta!



MEMBERSHIP

Membership runs the calendar year Jan.-Dec. We are open to all people ages 55 and better.

2026 rates:

CITY RESIDENTS

Single \$25.00/yr
Couples \$35.00/yr
Associate \$35.00/yr

NON-RESIDENTS

Single \$40.00/yr
Couples \$55.00/yr
Associate \$55.00/yr

NON-MEMBER- Daily Drop in fee (Non-class activities, per person, per day) \$5.00

The Senior Center is a division of the City of Bremerton Parks & Recreation Department. Payment can be made by calling the Senior Center, coming in or mailing your check. Keeping current on your dues ensures that you receive this newsletter via email or at your door step.

Highlights of your Membership include our newsletter direct mailed/emailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, trips and tours, fitness, educational, hobbies, enrichment and dance classes. The Bremerton Senior Center is also home to entertainment groups, such as: Sunshine Singers and the Center Line Dancers.

- COUPLES MEMBERSHIP is for two people, at least one needs to be 55 or better, who reside at the same address.
- SINGLES MEMBERSHIPS are for single individuals.
- ASSOCIATE MEMBERSHIPS are for those not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center.

MISSION STATEMENT

The Bremerton Senior Center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

\$UM\$ CORNER AND BINGO

Hello \$UM\$ members,

As we venture into another fun-filled year, I've taken a moment to look back at all the trips, classes, parties, groups, fundraisers, and work parties we enjoyed together. I'm truly impressed by how many wonderful people came together to create such an incredible year—and from the looks of it, there's no slowing us down!

A heartfelt thank you goes out to all our volunteers, drivers, class facilitators, park personnel, restaurant partners, clubs, and office staff for making the Bremerton Senior Center such a welcoming and special place for so many.

Quarterly Highlights

Our most recent fundraiser at Panera brought in \$218.45 for the center—thank you to everyone who supported it!

The Fall Cleanup was successfully completed on October 8.

Our annual Holiday Party was held on December 9, 2025, and was a wonderful way to finish the year together.

Looking ahead, we are gearing up for our next Spring Bake Sale and Raffle. Stay tuned as we continue planning even more exciting trips, classes, programs, and volunteer opportunities throughout the coming year.

Thank you for your continued support, enthusiasm, and community spirit. Here's to another great year together!

Warmly, Lissa Gilmore- \$UM\$

DONATIONS TO THE SENIOR CENTER

We always welcome donations of coffee, decaf, napkins, sugar, creamers and candy. Interested in other donation opportunities? Check with us in the office. If you are considering a monetary donation please speak with Lisa. Thanks!

White Elephant



**Tues., Jan. 27th,
Feb, 17th, Mar. 3rd
&**

**Wed., Jan. 14th,
Feb. 4th, Mar. 25th
1:00-2:30 pm**

Bring a wrapped White Elephant gift, worth between \$5-\$10, old or new. Each person can play 2 cards. At the end of each game the winner chooses a gift. Each consecutive winner will have the option of choosing a new gift or stealing a gift from another player.

**Call to reserve your
spot, 360-473-5357**

DAILY ACTIVITY INFORMATION

COMPUTER LOUNGE

DAILY, 8:00 AM-CLOSE

Open daily for your convenience. Check your email or do some online research.

POOL

DAILY, 8:00 AM-CLOSE

Four tables are open daily for play. All levels of skill are welcome. Shoot a few games or refine your skills. Cues are available or bring your own.

SPADES

DAILY, 8:00 AM

Spades is a trick taking card game sure to get you hooked. All are welcome.

SEATED CHAIR EXERCISE

MONDAYS, 8:30-9:10 AM

Join Lisa for seated exercises! Maintain and increase range of motion while strengthening your muscles. Boost your energy level, circulation and mood.

ARTISTS AMONG US

MONDAYS, 9:00 AM

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Bring your art and work among friends.

RUMMIKUB

MONDAYS, 10:00 AM

Rummikub is tile based; combining the elements of the card game Rummy and tile game Mahjong.

SUNSHINE SINGERS

MONDAYS, 10:00 AM-12:15 PM

Music lifts our spirits and boosts our endorphins, and can help our memory, mental health and mood. Come sing with us and start your week off with a song.

SENIOR OPEN ICE SKATE

NEW TIME

MON. AND WED., 11:15 AM-12:15 PM

Pick up your free weekly passes at the Center to skate at the Bremerton Ice Arena. Skates are available to rent for \$5.00. **This is a free program for Senior Center Members.**

CENTER LINE DANCERS

MON. - BEG 12:30-1:45 PM/INT 1:45 PM-CLOSE

WED. - BEG 10:15 AM/INT 11:30 AM

Line dancing is a fun way to get fit and feel great! Learn and practice routines to upbeat music. This class is guaranteed to put a smile on your face and add a bounce to your step.

SR. INDOOR PICKLEBALL

MONDAY & WEDNESDAYS, 9:00-11:30 AM

SHERIDAN PARK GYM

Pickleball is a cross between tennis and ping pong for 2-4 players. Play is for fun, not an organized lesson. Sign in at the main desk at Sheridan Park. All skill levels are welcome! (Equipment is provided).

CRAFT CLUB WITH SALLY

TUESDAYS, 9:00 AM-12:00 PM

Looking for new craft ideas? Need some help with an unfinished project? This group can do it all from sewing, to making curtains, scarves and more! Join in the fun! Bring your favorite project or learn something new.

GOOD GRIEF- WIDOWS GROUP

TUESDAYS, 10:00 AM-12:00 PM

This group empowers, educates and supports widows in living **with** their grief rather than **in** grief through the formation of sisterhood. The focus is on supporting each other, modeling courage and meeting each other's and your own needs.

Daily Activities are free for BSC members unless otherwise noted. Non members pay fee of \$5 drop in per day.

DAILY ACTIVITY INFORMATION

BOOK CLUB

LAST TUESDAY, MONTHLY 12:30-1:30 PM

Join anytime. We work with Kitsap Regional Library to get our books. If you are a reader and love to talk about books, join us.

PING PONG/TABLE TENNIS

TUES. & THURS., 8:00-11:00 AM

Bring your paddle or use one of the Center's and have some fun. Whether you call it ping pong or table tennis, it's always a good time and great exercise. All skill levels are welcome.

BRIDGE

TUESDAYS, 12:15 PM

THURSDAYS, 9:00 AM

A classic game recognized as a mind sport, Party Bridge is a partnership trick-taking card game of skill. It is played by four players who form two partnerships.

CO-ED REC MODIFIED SOFTBALL

TUES. AND FRI., 10:00 AM - 12:00 PM

LIONS PARK, FIELD 1

Enjoy co-ed softball. Our emphasis is on having fun through friendly competition, exercise and developing individual hitting and fielding skills in a positive, team setting. *Sr. Center membership is required.*

SHIBA MEDICARE/MEDICAID

2ND WEDNESDAY, MONTHLY, 9:00-11:00AM

SHIBA's trained volunteers provide free, unbiased and confidential assistance with Medicare and health care choices. They determine eligibility for programs; compare Medicare plans/programs AND provide enrollment help with Medicare and more.

CRIBBAGE

WEDNESDAYS, 9:00-11:30 AM

Enjoy this classic card game. Be the first to get to 121 points. Great card game for 2-4 players. All are welcome.

ZUMBA GOLD

WED. & FRI., 9:15-10:00 AM, ONLY \$3!

Get your groove on with our amazing instructor Junko. ZUMBA Gold is designed to meet the fitness needs of adults 50 and better. Class cost is \$3 paid to Junko.

Sr. Center membership is required.

MAHJONG

WED. & FRI., 12:30 PM

Do you play? **WE NEED YOU!** The goal of Mahjong is similar to poker. The aim is to make matching sets and pairs. Played with tiles. To win a player must form four sets and one pair.

TAI CHI

THURSDAYS, 1:30-2:50 PM, \$5 PER CLASS.

Tai Chi improves balance, helps to prevent falls and increases flexibility. Tai Chi involves a series of slow, gentle movements and postures and a meditative state of mind. Focus is on proper breathing and the postures and is accessible for all fitness levels. Instructed by member Sandy Carlson.



Daily Activities are free for BSC members unless otherwise noted. Non members pay fee of \$5 drop in per day.

DAILY ACTIVITY INFORMATION

QUILTING

THURS. & FRI., 10:00 AM-2:30 PM

Novice or experienced quilters, come one come all. Bring your quilting supplies and create with other quilters. You can even take lessons on our long arm quilting machine. (Required before use of machine.)

DOMINOES

FRIDAYS, 10:00 AM

The object of the game is to score points by being the first player to play all your dominoes in a round. Played with two or more players this game can get lively. Join the fun and play a game of bones with us.

JAM SESSIONS

FRIDAYS, 1:00- 2:30 PM

Do you love to play music? This is a collaborative jam session with no leader, just fun for fun's sake. Bring your instruments and music and jam with your friends. Music connects us with others. It's exercise for the brain and is proven to improve our mood and our memory. Plus, it is hugely fun so don't miss out!

MEALS ON WHEELS KITSAP AT THE BREMERTON SR CENTER

Thurs. & Fri. @ Noon, \$5

Enjoy nutritious, delicious lunches and share a community meal. Reservations are needed. **Call the Meals on Wheels office at 360-377-8511 by 2 pm the previous day.**

M O N D A Y	8:00 POOL, SPADES 8:30 SEATED CHAIR EXERCISE 9:00-1:00 ARTISTS AMONG US 9:00-11:30 INDOOR PICKLEBALL @ SHERIDAN PARK GYM 10:00 RUMMIKUB 10:00 SUNSHINE SINGERS 11:00 ICE SKATING @ BREM. ICE ARENA 12:30-3:00 LINE DANCING
T U E S D A Y	8:00 POOL, SPADES 8:00-11:00 PING PONG/TABLE TENNIS 9:00 CRAFT CLUB WITH SALLY 10:00 CO-ED REC. SOFTBALL @ BREMERTON SPORTS CENTER PENDERGAST PARK 10:00-12:00 GOOD GRIEF WOMEN'S GROUP 12:15 BRIDGE 12:30 BOOK CLUB, LAST TUES/MONTH
W E D N E S D A Y	8:00 POOL, SPADES 9:00 CRIBBAGE 9:00-11:00 SHIBA, 2nd WED. 9:00-11:30 INDOOR PICKLEBALL @ SHERIDAN PARK GYM 9:15 ZUMBA GOLD WITH JUNKO 10:15-3:00 LINE DANCING 11:00 ICE SKATING @ BREM. ICE ARENA 12:30 MAHJONG
T H U R S D A Y	8:00 POOL, SPADES 8:00-11:00 PING PONG 9:00 BRIDGE 10:00-2:30 QUILTING 12:00 MEALS ON WHEELS 1:30 TAI CHI
F R I D A Y	8:00 POOL, SPADES 9:15 ZUMBA GOLD WITH JUNKO 10:00 DOMINOES 10:00 CO-ED REC. SOFTBALL @ LIONS PARK, FIELD 1 10:00-2:30 QUILTING 12:00 MEALS ON WHEELS 12:30 MAHJONG 1:00-2:30 JAM SESSIONS

TRIPS AND TOURS- AND AWAY WE GO!

REGISTRATION BEGINS 1/6/26 AT 8:00 AM. PLEASE READ ALL TRIP/TOUR INFORMATION ON THE BACK PAGE OF THIS ACTIVE US PRIOR TO SIGNING UP FOR A TRIP. IT IS IMPORTANT TO UNDERSTAND THE TRIP RATINGS AND THAT YOU ARE ABLE TO FOLLOW THEM TO ENSURE YOUR SAFETY AND ENJOYMENT AND THE ENJOYMENT OF OTHER MEMBERS ON EACH TRIP. **MEALS ARE PAID ON YOUR OWN.**

PIERCE COLLEGE SCIENCE DOME PLANETARIUM AND LUNCH AT DIRTY OSCARS

THURS., JAN. 22ND, \$39, R1

We visit the Pierce College Science Dome, a local planetarium for a presentation on Strange Space. The 38-foot dome is the largest planetarium in Washington state. Afterward we head to Dirty Oscars for lunch. **Meal on your own.**

FOOD CHALLENGE 2026 #1- FISH AND CHIPS PROPER FISH BAINBRIDGE ISLAND

WED., JAN. 28TH, \$23, R1

Our Food Challenge for 2026, should you choose to accept it, is Fish and Chips! Let's find the best in the western Northwest! Our first stop is close to home on Bainbridge Island at Proper Fish. After lunch we can enjoy some shopping in the downtown area before heading home. **Meal on your own.**

DAHLIA COVE STUDIO- HIGH TEA

THUR., FEB. 5TH, \$19, R1

We're off to Port Gamble to enjoy an elegant High Tea at the Dahlia Studio. We'll have a choice of teas, soup or salad, savories or sandwiches and dessert. After lunch we will enjoy a bit of shopping in town before heading home. **Meal on your own-\$56.**

SHOPPING AT DAISO SOUTHCENTER, LUNCH AT CHONGTONG THAI CUISINE & SHOPPING AT SHIN SHIN TACOMA THURS., FEB. 12TH., \$32, R2

Daiso is a retail chain known for its array of unique and affordable products such as household goods, stationary and more. After Daiso we head to lunch at Chongtong Thai Cuisine. Then we are off to Shin Shin in Tacoma for more shopping fun with items from Korea including woks, household goods and more. **Meal on your own.**

SEWING AND STICHERY EXPO-PUYALLUP

THURS., FEB. 26TH, \$37, R2

This is the largest annual gathering of the sewing community in the entire country. This expo is dedicated to educating sewing, quilting and stitchery enthusiasts of all ages and skill levels on a wide variety of techniques and projects. **Meal is on your own.**

PACIFIC NW QUILT AND FIBER ARTS MUSEUM

WED., MAR. 4TH, \$64, R2

We're off to LaConnor to visit this great quilt and textile museum. Artist Blair Treuer is featured in the 2nd floor Gallery. Blair "paints" with fabric. After exploring the Museum we will enjoy free time and lunch at your place of choice in downtown La Connor. **Meal is on your own.**

CALLOW CLAY AND GLASS WORKS

TUES., MAR. 10TH, \$62, R1

We take a fun class at this local treasure. Using earthy clay, students are invited to hand build pottery in nature inspired themes or your own creative concepts. Owner and artist Sherrie Gamble will take us from start to finish.

HALF PRICED BOOKS, LUNCH AT BLACK BEAR DINER AND TACOMA BOYS

THURS., MAR. 12TH, \$23, R1

We head for a favorite local book store, then out to a favorite Diner and finish with shopping at Tacoma Boys, another local favorite. **Meal on your own.**

FOOD CHALLENGE 2026 #2 FISH AND CHIPS O'BLARNEY'S PUB, OLYMPIA

TUES., MAR. 24TH, \$26, R1

Our 2nd entry in our Fish and Chips Challenge is O'Blarney's Pub in Olympia. Will they match or exceed our first Challenger? Let's find out! **YUM! Meal on your own.**

**Valentine
Wreath
Crafternoon**

**Tues., Feb. 3rd
Register by Jan. 20th
12:15-2:45 pm, \$19**

Join us for a fun valentine crafternoon wreath class. Give it to a loved one or keep it for yourself.

**Register by Jan. 20th
for this fun class!
360-473-5357**

**Free Community Event
Taking Charge**

AGING HAPPILY

TUES., FEB. 24TH

**Finding Joy, Purpose, and
Wellness at Every Stage**

Join Eric Greth from Humana for an uplifting conversation about embracing the journey of aging with confidence, connection, and joy.

Explore simple ways to stay active, nurture emotional well-being, build meaningful social connections, and create a lifestyle that supports a happier, healthier you. Together, we'll celebrate the wisdom of experience and discover practical tools to help every day feel fulfilling—no matter your age.

Box lunch provided by Humana.

**Register by Feb. 20th
360-473-5357**

Valentine Social

**ROSES ARE RED, VIOLETS ARE BLUE
WE'RE HAVING A PARTY AND INVITING YOU!**



**Tues., Feb. 10th,
12:00-2:00 pm
Tickets, \$8.00 pp**



**Let's celebrate love and friendship for Valentine's Day. Your presence will make it special!
Get your tickets now!**

St. Patrick's Day Social

**Let the
Shenanagins Begin!**

**Tues., March 17th,
12:00-2:00 pm
Tickets, \$8.00 pp**

Celebrate with us!





**PRSR STD
U.S. POSTAGE
PAID
Bremerton, WA
Permit #209**

Important trip and tour Information

Bremerton Senior Center
1140 Nipsic, Bremerton, WA 98310
360-473-5357



IMPORTANT TRIP AND TOUR INFORMATION

BSC REPRESENTATIVE: A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible, you are as comfortable as possible, and handle any issues that may arise. All participants must have a current emergency medical waiver form on file prior to traveling.

FULL TRIPS: If a trip is full, please place your name on the waiting list.

PARKING: Please contact the Senior Center office regarding the parking policy.

REFUNDS: The Bremerton Senior Center reserves the right to cancel any tour that does not fill or reach its minimum prior to the travel date, or due to unforeseen circumstances. Every effort will be made to provide sufficient notice. In that event, you will receive full credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip \$19 or less that you need to cancel. Trips canceled by the participant (\$20 or more) will be charged a 10% cancellation fee. No refunds will be given for trips canceled by a member less than 24 hours in advance of departure. Cancellations for extended trips vary. All registrations are first come, first served and members have priority.

PAYMENTS: Full payment is due at the time of registration.

NAVIGATOR/CO-PILOT: The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

TRIP RATINGS:

R1: Board and depart bus/van and walk 2-3 blocks without stopping to rest. Must be able to stand 15-30 min.

R2: Board and depart bus/van and walk 4-5 blocks without stopping to rest. Must be able to stand 30-45 min., handle stairs and walk a mile in under 20 min.

R3: Board and depart bus/van and walk 5-7 blocks on uneven surfaces without stopping to rest. Must be able to stand 30-45 min., handle stairs and some hills, walk a mile in under 20 min and be able to walk up to 5 miles round trip.

CHECK TRIP RATINGS CAREFULLY WHEN REGISTERING. SIGNING UP FOR TRIPS THAT ARE WITHIN YOUR ABILITIES WILL ALLOW YOU AND YOUR FELLOW TRAVELERS TO HAVE A BETTER EXPERIENCE.