



# BREMERTON SENIOR CENTER

# ACTIVE US NEWSLETTER

APRIL - MAY 2017



The "Active Us" is THE place to get your information for the Bremerton Senior Center.



**BREMERTON SENIOR CENTER**  
**1140 NIPSIC AVE.**  
**BREMERTON, WA 98310**  
**(360) 473-5357**  
**www.ci.bremerton.wa.us**

**CENTER HOURS**  
**MONDAY-FRIDAY 8 AM TO 3 PM**

**STAFF**

Holly Peterson, Recreation Program Coordinator III  
 Barbara Roembke, Front Office Coordinator

**VOLUNTEER RECEPTIONISTS**

Monday: Gail Dupee  
 Tuesday & Thursday: Mac Whittlesey  
 Wednesday: Judy Ray  
 Friday: Al Butler

The Bremerton Senior Center is open to all people ages 55 and better. The annual user fees are listed on page 3.

The Bremerton Senior Center is a division of the City of Bremerton Parks & Recreation Department. The **Active Us** is published five times a year.

**Mission Statement:**

The Bremerton Senior center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.

**\$UM\$**

**Seniors Uncover Money Solutions**

**\$UM\$** is you - all members of the Senior Center activities. We are dedicated to raising funds that can be used to make the Center a more enjoyable place for all of us.

**\$UM\$ Officers:**

President: Paul Vlastelica      Vice President: George Cho  
 Treasurer: Al Butler              Secretary: Audrey O'Leary

**\$UM\$**

**CORNER**

Hello fellow \$UM\$ members!

It has been a long, cold, snowy and wet winter. Hopefully spring is in the air, soon. We wanted to let you know the latest and greatest from your \$UM\$ officers. Again we want to thank everyone who took part in the Craft Fair and bake sale at the end of last year. As a reminder \$UM\$ netted \$3,033.53 from the Craft Fair and \$481.38 from the bake sale. As of 12/12/2016 the treasury has \$11,190.23.

Many of you may know, the City of Bremerton is planning a new/redesigned park next to our center. They are looking for donations and those who donate a minimum amount will have a "brick" designated in their name. We plan to donate \$500 out of the treasury for this endeavor.

Funds raised at our events are used to purchase or improve our senior center facility, so thanks again for all of our support! Look for some new flooring in the near future.

Your \$UM\$ officers will be meeting soon to start putting together the necessary items for the next Craft Fair in October. We plan to open up the vendor booths to all ages. We will, however, have vendors that make all of their goods by their own hands, regardless of their age. This will hopefully increase the number of vendors at our event. We can only make this event a success with your help. So if you have not volunteered to bake or staff one of the tables, please give it a thought for this coming year.

Speaking of volunteering and baking, we are planning a bake sale in June. We are getting low on the number of people willing/able to bake cookies and breads. If you have that talent please let us know. In a few weeks a sign-up sheet will be available at the center for those who would like to bake and make the sale a success.

So with that, we will see you all on our upcoming Senior Center trips and luncheons. Enjoy the spring (whenever it decides to show up)!

Paul Vlastelica, President

## MEMBERSHIP RENEWAL

Senior memberships run the calendar year (January-December) regardless of when you join. Renew your 2017 membership today at the rates listed below.

### RESIDENTS

Single.....\$15/yr  
 Couples.....\$22/yr  
 Associate.....\$21/yr

### NON-RESIDENTS

Single.....\$30/yr  
 Couples.....\$44/yr  
 Associate.....\$42/yr

## TAKING CHARGE SERIES

A series of topics designed with you in mind. Each month will focus on a different topic - fitness, nutrition, aging, financial and more.

Each month is sponsored by a different business/provider and a light lunch/snack will be served. Reserve your seat today as these workshops fill up quickly.

**March 28 - Final Expenses**

**April 18 - Psychology of Spending,  
 Kitsap Credit Union**

**May 23 - The Healing Power of Music  
 11:30 AM, FREE  
 Main Room - Senior Center**

## MEALS ON WHEELS KITSAP - LUNCHEONS

**Thursdays @ Noon, \$3**

**Fridays @ Noon, \$3**

Nutritious and delicious lunches plus a great way to meet other seniors. Reservations are requested, call 360-377-8511 by 2 PM the previous day.

## FRAGRANCE ALERT

Please refrain from wearing excessive perfume or cologne when you visit the Center or go on our trips. There are many people who experience unpleasant physical effects from scented products.

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## SOCIALS/ LUNCHEONS

Our luncheons are a great way to meet people, enjoy a delicious meal and have a good time! Bring a guest, who's a non-member to the luncheon and when they join the Senior Center, you'll receive a special thank you gift!

### APRIL 25, 11:30 AM VOLUNTEER LUNCHEON

Our Annual Volunteer Appreciation Luncheon honors you, our volunteers. Without your dedication, many of our programs would not be able to occur. Reservations are required. Cost: free to volunteers, guests are \$5pp

### MAY 16, 11:30 AM SPRING LUNCHEON

Spring is in full swing at your Bremerton Senior Center! Join us for food, fun and good friends! Cost: \$5pp

### JUNE 6, 11:30 AM BURGER BASH LUNCHEON

Burgers, baked beans, chips and salad - YUMMMY!!! How about kicking off your summer with us at this great luncheon! Cost: \$5pp

## ~DONATIONS~

Thank you for your generosity! At present, we do not need any more Decaffeinated Coffee. We are, however, still accepting Regular Coffee. Thank You!!

**13 gal kitchen bags~ 10 oz Foam hot/cold cups ~ Individually wrapped candy~napkins~small paper plates~Kleenex~paper towels ~Individual creamers**

## GENERAL TRAVEL INFORMATION

**FULL TRIPS:** If a trip is full, please place your name on the waiting list. Often reservations are canceled and we are able to fill the empty spots from the waiting lists.

**REGISTRATION PROCESS:** Registration for each trip begins when they are published in either the bi-monthly newsletter or the quarterly Activity Guide. Phone-in or walk-in are the two most convenient ways to register for trips. Phone reservations require a credit card. All registrations are first come, first served and members have priority.

**REFUNDS:** The Bremerton Senior Center reserves the right to cancel any tour that does not fill or reach its minimum 10 working days before the travel date. In that event, you will receive a credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip \$24 or less that you need to cancel. Cancellations for day trips (\$25 or more) are given only if a replacement to fill your spot is found, please let Senior Center staff know in ample time should you need to cancel. Trips canceled by the participant will be charged a 10% cancellation fee. No refunds will be given for trips canceled less than 24 hours in advance of departure. Cancellations for extended trips vary.

**PARKING:** Please contact the Senior Center office regarding the parking policy.

**BSC REPRESENTATIVE:** A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible, that you are as comfortable as possible and handle any problems that may arise. All participants must have a current emergency medical waiver form on file prior to traveling.

**PAYMENTS:** Full payment is due at the time of registration.

**NAVIGATOR/CO-PILOT:** The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

**MOBILITY OF OUR PARTICIPANTS:** Each trip has an **R** rating. The higher the rating, the more walking and standing you will be required to do. **Please check the rating and know your limits prior to signing up.** Since we rely on two 15-passenger vans to travel, be courteous to other passengers. ***If you require extra time to load and unload please be sure to be the last to load and unload. If you require a special seat to be seated in please make arrangements prior to loading the van and we will attempt to accommodate you.*** Also, there are no restroom facilities on either van.

## APRIL

### PIZZA CHALLENGE!!

#### WEDNESDAY, APRIL 19TH - COST, \$29, R1

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your small pizza, beverage and transportation are included.

### LA CONNER, TULIPS & LUNCH

#### THURSDAY, APRIL 20TH - COST, \$34, R2

While you may think that the best shopping occurs at the Mall – we think a shopping trip in La Conner will totally change your mind! La Conner is one of Washington State's most-loved weekend getaways ... and much of it has to do with the retail corridor on both Morris and First Streets. You'll find an amazing array of specialty shops-most of which have a long list of regular customers who come back again and again to see what's new, to indulge themselves a little, or to buy gifts for their families and friends. From fine arts and crafts, one-of-a-kind clothing, woodworking, home décor, collectibles, personal care products, stunning antiques, gorgeous jewelry and Italian pottery, the shopkeepers work hard to bring you items that you'll not find in any mall, or any big-box store. After some retail therapy, we'll head to the Tulip fields to see if we can catch a few glimpses of these spectacular flowers. There are several stops we will be making at the gardens that offer the best variety. Lunch is on your own in La Conner, transportation is included today.

### SPRING MYSTERY TRIP

#### THURSDAY, APRIL 27TH - COST \$59, R1

We are going on a trip to a very mysterious place! You will have fun - we are sure and you will make lots of memories! Dress comfortably for anything and remember to come with an appetite!

Weather Closure Policy - we value the safety of our members and staff above all else. In case of bad weather, the Senior Center will follow the Bremerton School District schedule. If schools are closed, we are closed. If schools are running 1hr late, so will we, etc.

## MAY

### **TERRACOTTA WARRIORS AT THE PACIFIC SCIENCE CENTER AND LUNCH**

**TUESDAY, MAY 9TH - COST, \$34, R2**

We'll head to the Pacific Science Center to unearth one of history's most remarkable archaeological finds: China's Terracotta Warriors. Imagine digging a well near Xi'an, China and stumbling upon an ancient clay army of life-size horses, chariots and an estimated 8,000 warriors—each with a unique human face. For over 2,200 years, they guarded the underground burial complex of Emperor Qin Shihuang, who united China's warring kingdoms in the third century BCE. The exhibition highlights ancient technology and engineering used to create the statues, weaponry and underground structure, as well as the modern science being used today as we continue to unearth the secrets of China's terracotta warriors. Not only will we visit the exhibit but we will also complete our experience with the IMAX documentary *Mysteries of China*. After the Pacific Science Center, we'll head off to a late lunch following at Assaggio of Seattle (on your own). Tour, transportation and escort are all included on this tour.

### **TULALIP CASINO**

**THURSDAY, MAY 11TH - COST \$19, R1**

Enjoy a great day at one of our favorite casinos up north and the Premium Outlet Mall! Visit both places or stay the day gaming or shopping - your choice. There is a complimentary shuttle to the outlet from the casino (where you will be dropped off.) Tulalip boasts a large non-smoking gaming section with hundreds of games to choose from. This is one our favorites, that's for sure! The Eagles Buffet offers a mouth-watering selection of international dishes plus fresh seafood, a carving station of succulent meats and Mongolian grill. Don't forget to complete your dining experience with a decadent dessert of pastry made fresh in the Tulalip Bakery.

## MAY CONT...

### **MUSEUM OF FLIGHT & LUNCH**

**THURSDAY, MAY 18TH- COST, \$49, R1**

The independent, non-profit Museum of Flight is one of the largest air and space museums in the world, attracting more than 500,000 visitors annually. The Museum's collection includes over 150 historically significant air- and spacecraft, as well as the Red Barn®—the original manufacturing facility of The Boeing Co., the original papers of the Wright brothers, and the one-of-a-kind NASA Space Shuttle Trainer, used to train every space shuttle astronaut since the inception of the program. Among the most popular exhibits at the Museum are the world's first fighter plane, the first jet Air Force One, the prototype Boeing 747, the West Coast's only Concorde, and the world's fastest aircraft – the Blackbird spy plane. More than just an attraction, however, the Museum is a hub of science, technology, engineering, and math education, serving over 150,000 participants each year through on-site and outreach programs and the Museum's aviation and space library and archives are the largest on the West Coast, holding more than 1.4 million images. The Museum of Flight is accredited by the American Associations of Museums, and is an affiliate of the Smithsonian Institution. After this amazing tour, we will head to a local restaurant for a delicious lunch-included!

### **UWAJIMAYA**

**TUESDAY, MAY 30TH - COST, \$14, R2**

Serving the Pacific NW since 1928, Uwajimaya is the preferred provider of the freshest meat, produce and seafood and the largest selection of Asian gifts and groceries. The Uwajimaya Village Food Court is a popular lunchtime destination. With nine dining choices there is bound to be something to satisfy every appetite. RT ferry transportation is included, lunch, however, is on your own.

### **TRIP RATINGS:**

**R1:** Board & depart Bus/Van and walk 2-3 blocks without stopping to rest. Must be able to stand 15 to 30 min.

**R2:** Board & depart bus/van and walk 4-5 blocks without stopping to rest, must be able to stand 30 to 45 min, handle stairs and walk a mile in under 20 min.

***Please check the trip ratings carefully when registering. Signing up for trips that are within your limits will allow you to have a better experience.***

# APRIL CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8 Pool <span style="float: right;">3</span>            9 Lo-Impact Aerobics            9 Bridge            10-1 Brem. Art Guild            10:30 Sunshine Singers            11 Ice Skating *C            12:30-3 Line Dance</p>	<p>8 Badminton * <span style="float: right;">4</span>            8 Pool            8-10:30 Ping Pong            9 Critters            9 Mah Jong            10 Modified Softball *F            10 Women's Soccer *D            12:30 Brush up/Dust off</p>	<p>8 Pool <span style="float: right;">5</span>            9 Lo-Impact Aerobics            9 Canasta            10 Cribbage            10:15 Line Dance            11 Ice Skating *C            12:30 Woodcarvers            1-3 Ping Pong            5:30-8:30 Ping Pong</p>	<p>8 Badminton * <span style="float: right;">6</span>            8 Pool            8-10:30 Ping Pong            9 Bridge            9 Rummikub  <b>10:30 8-ball pool tournament</b>            10-2 Quilting Class            12 Meals on Wheels Kitsap            1:30 Tai Chi</p>	<p>8 Pool <span style="float: right;">7</span>            9 Lo-Impact Aerobics            9 Mah Jong            10 Dominoes            10-2 Quilting Class            10 Modified Softball *F            12 Meals on Wheels Kitsap            5:30-8:30 Ping Pong</p>
<p>8 Pool <span style="float: right;">10</span>            9 Lo-Impact Aerobics            9 Bridge            9 AARP Safe Driving            10-1 Brem. Art Guild            10:30 Sunshine Singers            11 Ice Skating *C            12:30-3 Line Dance</p>	<p>8 Badminton * <span style="float: right;">11</span>            8 Pool            8-10:30 Ping Pong            9 Critters            9 Mah Jong            9 AARP Safe Driving            10 Modified Softball *F            10 Women's Soccer *D            11:30 Brush up/Dust off</p>	<p>8 Pool <span style="float: right;">12</span>            9 Lo-Impact Aerobics            9 Canasta            10 Cribbage            10:15 Line Dance            11 Ice Skating *C            12:30 Woodcarvers            1-3 Ping Pong            5:30-8:30 Ping Pong</p>	<p>8 Badminton * <span style="float: right;">13</span>            8 Pool            8-10:30 Ping Pong            9 Bridge            9 Rummikub            10-2 Quilting Class            12 Meals on Wheels Kitsap            1:30 Tai Chi</p>	<p>8 Pool <span style="float: right;">14</span>            9 Lo-Impact Aerobics            9 Mah Jong            10 Dominoes            10-2 Quilting Class            10 Modified Softball *F            12 Meals on Wheels Kitsap            5:30-8:30 Ping Pong</p>
<p>8 Pool <span style="float: right;">17</span>            9 Lo-Impact Aerobics            9 Bridge            10-1 Brem. Art Guild            10:30 Sunshine Singers            11 Ice Skating *C            12:30-3 Line Dance</p>	<p>8 Badminton * <span style="float: right;">18</span>            8 Pool            8-10:30 Ping Pong            9 Critters            9 Mah Jong            10 Modified Softball *F            10 Women's Soccer *D  <b>11:30 TAKING CHARGE SERIES</b>            12:30 Brush up/Dust off</p>	<p>8 Pool <span style="float: right;">19</span>            9 Lo-Impact Aerobics            9 Canasta  <b>9:30 Sr. Info and Assistance</b>            10 Cribbage            10:15 Line Dance  <b>10:30 9-ball pool tournament</b>            11 Ice Skating *C            12:30 Woodcarvers            1-3 Ping Pong            5:30-8:30 Ping Pong</p>	<p>8 Badminton * <span style="float: right;">20</span>            8 Pool            8-10:30 Ping Pong            9 Bridge            9 Rummikub            10-2 Quilting Class            12 Meals on Wheels Kitsap            1:30 Tai Chi</p>	<p>8 Pool <span style="float: right;">21</span>            9 Lo-Impact Aerobics            9 Mah Jong            10 Dominoes            10-2 Quilting Class            10 Modified Softball *F            12 Meals on Wheels Kitsap            5:30-8:30 Ping Pong</p>
<p>8 Pool <span style="float: right;">24</span>            9 Lo-Impact Aerobics            9 Bridge            10-1 Brem. Art Guild            10:30 Sunshine Singers            11 Ice Skating *C            12:30-3 Line Dance</p>	<p>8 Badminton * <span style="float: right;">25</span>            8 Pool            8-10:30 Ping Pong            9 Critters            9 Mah Jong            10 Modified Softball *F            10 Women's Soccer *D  <b>11:30 VOLUNTEER LUNCHEON</b>            12:30 Brush up/Dust off</p>			<p>* = Sheridan Park Gym            *A = Sheridan Park Lounge            *C = Bremerton Ice Arena            *D = OSSC-Pendergast            *E = Pendergast            *F = Lions Park</p>

# MAY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
1 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	2 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	3 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	4 8 Badminton * 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class <b>10:30 8-Ball pool tournament</b> 12 Meals on Wheels Kitsap 1:30 Tai Chi	5 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
8 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	9 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	10 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	11 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	12 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Dominoes 10-2 Quilting Class 10 Modified Softball *F 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
15 8 Pool 9 Bridge 9 Lo-Impact Aerobics 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Dance	16 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D <b>11:30 SPRING LUNCHEON</b> 12:30 Brush up/Dust off	17 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance <b>10:30 9-ball pool tournament</b> 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	18 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	19 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
22 8 Pool 9 Bridge 9 Lo-Impact Aerobics <b>9:30 Sr. Info and Assistance</b> 10-1 Brem. Art Guild 10:30 Sunshine Singers 11 Ice Skating *C 12:30-3 Line Danc	23 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D <b>11:30 TAKING CHARGE SERIES</b> 12:30 Brush up/Dust off	24 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong	25 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Bridge 9 Rummikub 10-2 Quilting Class 12 Meals on Wheels Kitsap 1:30 Tai Chi	26 8 Pool 9 Lo-Impact Aerobics 9 Mah Jong 10 Modified Softball *F 10 Dominoes 10-2 Quilting Class 12 Meals on Wheels Kitsap 5:30-8:30 Ping Pong
29 <b>CLOSED MEMORIAL DAY</b>	30 8 Badminton * 8 Pool 8-10:30 Ping Pong 9 Critters 9 Mah Jong 10 Modified Softball *F 10 Women's Soccer *D 12:30 Brush up/Dust off	31 8 Pool 9 Lo-Impact Aerobics 9 Canasta 10 Cribbage 10:15 Line Dance 11 Ice Skating *C 12:30 Woodcarvers 1-3 Ping Pong 5:30-8:30 Ping Pong		* = Sheridan Park Gym *A = Sheridan Park Lounge *C = Bremerton Ice Arena *D = OSSC-Pendergast *E =Pendergast *F = Lions Park

**JUNE**

**PIZZA CHALLENGE!!**

**THURSDAY, JUNE 8TH - COST, \$29, R1**

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your small pizza, beverage and transportation are included.

**QUEEN ANNE CRIME TOUR & LUNCH**

**TUESDAY, JUNE 13TH - COST, \$64, R1**

Explore the darker side of Seattle's past on Seattle's original True Crime Tour- A touch of Seattle Noir. This tour visits the scenes of some of Seattle's most infamous crimes. The Queen Anne True Crime Tour visits the scenic & charming Queen Anne Hill, Pioneer Square (the oldest section of the city), the colorful Chinatown International District & Downtown Seattle, with stops to get out and explore. We will finish the day at Ballard Brothers Seafood and Burgers. Tour, lunch and transportation are all included. Max. 13 folks.

**NUCOR-STEEL TOUR & PALISADES LUNCH**

**FRIDAY, JUNE 16TH - COST, \$54, R2**

Nucor is the largest steel producer in the U.S. Nucor is also North America's largest recycler of any material, recycling one ton of steel every 2 seconds. Tour requirements: long pants (no shorts or skirts), flat-bottomed, closed-toe, sturdy shoes with socks (no sandals, heels, etc). They provide hardhats, safety glasses, overcoats and earplugs. This tour is over a mile in walking, ascending and descending several sets of stairs. We ask that everyone please consider if they are able to do this comfortably prior to registering. No pictures or video recording is permitted on the tour and picture ID is required. After the tour, we will head to Palisades in Magnolia for a delicious lunch.

**JUNE CONT...**

**LIVING COMPUTER MUSEUM & LUNCH**

**THURSDAY, JUNE 22ND - COST, \$59, R2**

LivingComputers: Museum + Labs provides a one-of-a-kind, hands-on experience with computer technology from the 1960's to present. It honors the history of computing with the world's largest collection of fully restored-and usable-supercomputers, mainframes, minicomputers and microcomputers. A new main gallery offers direct experiences with robotics, virtual reality, artificial intelligences, self-driving cars, big data, the Internet of Things, video-game making, and digital art. We will have lunch at Paseo, considered to be one of the best sandwich shops in Seattle. Guided tour, transportation and lunch are included.

**WASHINGTON PARK ARBORETUM & LUNCH**

**TUESDAY, JUNE 27TH - COST, \$39, R2**

The Arboretum is a hidden gem on the shores of Lake Washington. Jointly managed by the University of Washington Botanic Gardens and the City of Seattle, its 230 acres are a dynamic assortment of plants, some found nowhere else in the Northwest. We will take a guided-tram tour through the Arboretum and discover this living collection of plants from around the world. The Graham Visitors Center contains an information desk and displays, and a gift shop managed by the Arboretum Foundation. Guided tram tour and transportation are included, however, lunch will be on your own at a restaurant of your choosing in U-Village. Max. 13 folks.

**EXTENDED TRIP 2017**

**SPOTLIGHT ON SAN ANTONIO HOLIDAY**

**NOV 30TH-DEC 4TH**

**COST \$2,199PP/DBL OCC, R2**

Highlights: LBJ Ranch, Fredericksburg, Paseo del Rio Cruise, Olive Orchard, Mission San Jose, The Alamo and El Mercado. We will also enjoy a Texas-inspired dinner paired with local wine at an olive orchard. Deposit of \$350 due June 23, 2017.



## JULY

### LITTLE CREEK CASINO

**THURSDAY, JULY 6TH - COST, \$14, R2**

This is by far one of our favorite casinos to visit. Just an hours drive away so we will be able to spend more time gaming! Don't forget to get all your discounts for 50+ at the promotions booth!

### WINGS OVER WASHINGTON & CRAB POT!!!

**TUESDAY, JULY 18TH - COST, \$79, R2**

Take a ride in the state-of-the-art "flying theater" that will transport you on an aerial adventure above one of America's most scenic and beautiful states, Washington. Wings over Washington is currently the most state-of-the-art theater in the world using 5K cameras; innovative art laser projection; drones for image capture; MUSHROOM VR™, and a ground-breaking surround sound system. Once you're strapped into your theater seat, you will experience an amazing journey as a "spirit eagle" sweeps you upward into flight across the state of Washington. You will see amazing sights as you dive down the seaside cliffs through the morning mists of the Olympic National Forest and Mt. Rainier to the San Juan Islands and on to the spectacular beauty of the Cascades and the awe-inspiring Snoqualmie Falls to the wild whitewater of the Tieton River and the kaleidoscopic wonder of the Walla Walla Valley Balloon Stampede then back to Elliot Bay to bank around the Seattle Great Wheel as a sensational fireworks display begins and then slowly landing back to where the journey all began. Flight, transportation and lunch at the **Crab Pot** (for the Seafeast!) are all included. We will be walking on the ferry and meandering along the waterfront so please wear comfortable walking shoes.

### UPTOWN SHOPPING - GIG HARBOR

**THURSDAY, JULY 20TH - COST, \$12, R2**

Hang out and shop in Gig Harbor at Uptown. Soma, the Loft, Kohl's, Garden Room, and much more! Lunch on your own at any Uptown restaurant.

## JULY CONT...

### HYDROPLANE & RACEBOAT MUSEUM & LUNCH

**TUESDAY, JULY 25TH - COST, \$44, R2**

The Hydroplane and Raceboat Museum is the nation's only public museum dedicated solely to powerboat racing. Formed in 1983, the Mission: is to inspire and motivate learning and achievement while honoring, celebrating and preserving the legacy of Unlimited Hydroplane racing. The museum features an incredible collection of vintage hydroplanes spanning several decades, including boats that have won 17 Gold Cups! The Hydroplane and Raceboat Museum is also the nation's primary resource for historical and educational information on hydroplane racing. Our extensive collection of books, magazines, race programs, newspapers, photos, trophies and other memorabilia dates back to the turn of the last century. We have over 200 hours of rare vintage racing films transferred to videotape, covering hydroplane racing for the 1940's to the present. The stories of famous drivers are here as well. Legendary Bil Muncy, Ron Musson, Mira Slovak, "Wild" Bill Cantrell and other past drivers are featured, plus information on many of the top modern drivers, including Chip Hanauer. Tour, transportation and lunch at the Wild Wheat Bakery is included.

## AUGUST

### PIZZA CHALLENGE!!

**THURSDAY, AUGUST 17TH - COST, \$29, R1**

The 2017 food challenge is Pizza! Everyone will be able to order their own small size pizza and judge for themselves who has the best pizza in the northwest. We'll have 6 challenges before we pick our winner. Sign up for as many as you can so you really can be the judge of "who has the best in our little corner of the NW". Your small pizza, beverage and transportation are included.

## EXTENDED TRIP 2018

### SPOTLIGHT ON WASHINGTON D.C.

**APRIL 12TH-17TH - COST \$2,949PP/DBL OCC, R2**

Highlights: U.S. Capitol Building, World War II Memorial, White House Visitor Center, Smithsonian Institution, Arlington National Cemetery, Mount Vernon, Old Town Alexandria, Washington National Cathedral and Ford's Theatre. Deposit of \$490 due November 6, 2017.

## GAMES

<b>Pool:</b>	Monday-Friday, 8 AM-3 PM
<b>Ping Pong:</b>	Tuesdays & Thursdays, 8-10:30 AM, Wednesday 1-3pm
<b>Mah Jong:</b>	Tuesdays & Fridays, 9 AM-2 PM
<b>Cribbage</b>	Wednesdays, 10 AM
<b>Canasta:</b>	Wednesdays, 9 AM
<b>Bridge:</b>	Mondays & Thursdays, 9 AM
<b>Rummikub:</b>	Thursdays, 9AM-12 PM
<b>Dominoes:</b>	Fridays, 10 AM-1 PM

## COMPUTER LAB

**DAILY, 8 AM-2:45 PM**

Flat screens, one touch screen, new hard-drives and high speed wireless internet in a quiet room, what more could you ask for? If you just want to surf the web, check your e-mail or refresh your computer skills, come on down and see what's new!

## POOL

**DAILY, 8 AM - 3 PM**

Four tables are available daily to play on. Whether you come in just for the monthly tournaments or to see if you got game - you're sure to have fun!

## SUNSHINE SINGERS

**MONDAYS, 10:30 AM-12:30 PM**

Tea for two and two for tea - that's me and you and lots of friends makes we...come be part of this group and make beautiful music and friendships. The Singers perform all around Kitsap County, delighting audiences everywhere they go!

## BREMERTON ART GUILD

**MONDAYS, 10 AM-1 PM**

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Join the members of the Bremerton Art Guild, bring your projects and enjoy.

## SENIOR OPEN ICE SKATE

**MONDAYS & WEDNESDAYS, 11 AM- 12 PM**

Always wanted to learn to ice skate? Come to the Center to pick up your weekly passes to skate at the Bremerton Ice Arena. Skates are available to rent for \$3.50. This is a free program, however, Senior Center membership is required.

## AARP SAFE DRIVING PROGRAM

**MONDAY & TUESDAY, 9 AM-1 PM**

**APRIL 10-11**

Need a quick review on your driving skills and/or want to save money on your insurance? AARP provides instruction for you. Attendance on both days is required to receive credit. Call (360) 473-5357 to register. Supply fee paid to instructor at first class. Class min. 5, max. 12.

## CENTER LINE DANCERS

**MONDAYS - BEG 12:30-1:45 PM/INT 1:45-3 PM**

**WEDNESDAYS - BEG 10:15 AM/INT 11:30 AM**

Bring your cowboy boots and have a stompin' good time. Fun routines are learned and practiced with great camaraderie. The dancers also perform at various venues throughout the county.

## BRIDGE

**MONDAYS & THURSDAYS, 9 AM**

Beginners to experienced Bridge players are welcome to play with this fun group.

## COMPUTER HELP!! - NEW!

**TUESDAYS, 10 AM - 2 PM**

Not in love with your computer these days, need to get some help, re-fresh your skills? Whatever the case, we have help. Please sign up in the office for your desired time slot on Tuesdays from 10am-2pm.

## BADMINTON

**TUESDAYS & THURSDAYS, 8 AM**

Come on down to Sheridan Park gym and have a great time batting at birdies (equipment is provided).

## CRAFT CLUB WITH SALLY

**TUESDAYS, 9 AM-NOON (A.K.A. CRITTERS)**

Are you repairing an old friend or creating a new one? From re-stuffing critters to making curtains, Sally and her team of extreme makeover artists can help you work on any project.

## SR WOMEN'S INDOOR SOCCER

**TUESDAYS, 10-11 AM**

This program is held at the Olympic Soccer and Sports Center located at Pendergast Regional Park. This is a free program, however, Senior Center membership is required.

**Daily Activities are free for BSC members unless otherwise noted. Non members pay \$3 drop in fee per activity attended.**

## CO-ED REC MODIFIED SOFTBALL

**SPRING/SUMMER SEASON @ LIONS #1**

**TUESDAYS AND FRIDAYS, 10 AM - 2 PM**

Enjoy the great game of softball played by men and women. The emphasis is on having fun through friendly competition, exercising and to develop individual hitting and fielding skills in a positive, team setting. Previous experience is recommended. Modified Softball is played outdoors during the spring/summer at Lions Park, field #1. (Ages 55 and up, senior center membership is required.)

## BRUSH UP/DUST OFF-NEW!!

**TUESDAYS, 12:30-2:30 PM**

Have you always wanted to learn how to watercolor, sketch, learn colored pencils? Or have painted previously and want to get back into it? Join members of the Bremerton Art Guild for helpful guidance. This group will meet on a weekly basis with volunteers from the Bremerton Art Guild helping you get started. Bring in your supplies and be ready to have some fun.

## FOOTCARE

**1ST TUESDAYS & 4TH WEDNESDAYS, BY APPT.**

Michelle Gamber provides this affordable service. It's a pedicure without the polish! Call her for prices and to schedule your appointment at (360) 871-5726.

## CRIBBAGE

**WEDNESDAYS, 10 AM**

This classic game has been around since the 17th century. Great card game for 2-4 players.

## WOODCARVERS

**WEDNESDAYS, 12:30-2:30 PM**

Design your own project, get some advice or just have interesting conversations while whittling away on your own special creations. Newcomers are always welcome!

## QUILTING CLASS

**THURSDAYS, 10 AM-2:30 PM**

**FRIDAYS, 10 AM-2:30 PM**

Novice or experienced quilters, come one and all! Bring your quilting supplies, get new ideas and visit with other quilters. The group occasionally offers classes on techniques and styles.

## POOL TOURNAMENTS

**8 BALL-1<sup>ST</sup> THURSDAYS - 10:30AM**

**APRIL 6, MAY 4, JUNE 1**

8-BALL IS GENEROUSLY SPONSORED BY:

BREMERTON HEALTH & REHAB

360-377-3951

**9 BALL-3<sup>RD</sup> WEDNESDAYS - 10:30AM**

**APRIL 19, MAY 17, JUNE 21**

9-BALL IS GENEROUSLY SPONSORED BY:

FOREST RIDGE HEALTH & REHAB

360-479-4747

Tournaments are just \$3 per player and include a delicious lunch and prize to the winner! New rules: Straight 8, call shot, BCA rules, 2 out of three in winners bracket only. No handicap 8 or 9ball.

## WELLNESS

### AEROBICS-FREE VIDEO

**MONDAYS, WEDNESDAYS & FRIDAYS, 9 AM**

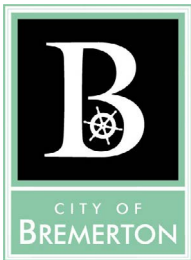
Get your heart pumping and your sweat dripping in this moderate paced fitness class. Class utilizes weights, resistance bands and other strength training techniques and can be fast-paced at times. Participants need to be able to exercise at a consistent level for 5-10 minutes at a time.

### TAI CHI

**THURSDAYS, 1:30-2:30 PM**

**SESSIONS: APRIL 6-MAY 11 & MAY 18-JUNE 22**

Tai Chi Chuan, a Chinese martial art noted for its slow, smooth movements, has been proven to improve balance and increase flexibility. This class features Sun and Yang Styles. This class is accessible for all levels of fitness and taught by Sandy Carlson. Cost is \$30/6 weeks. Min of 5.



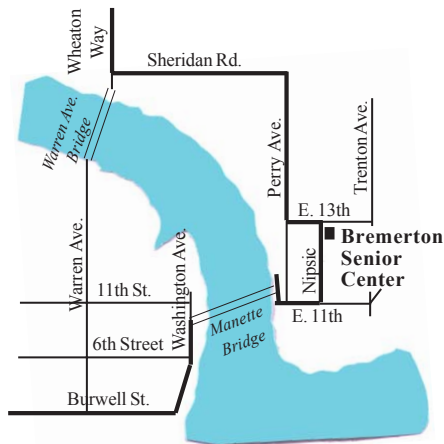
**Bremerton Senior Center**  
**1140 Nipsic Ave**  
**Bremerton, WA 98310**

**Return Service Requested**

**PRSRT STD**  
**U.S. POSTAGE**  
**PAID**  
**Bremerton, WA**  
**Permit #209**

*Vicinity Map*

Bremerton Senior Center  
 1140 Nipsic Ave, Bremerton, WA 98310  
 360-473-5357



**2017 Memberships...** Renew your membership for 2017 today. Payment can be made by calling the senior center, coming in or mailing your check. Keeping current on your dues will ensure that you continue to receive this newsletter at your door step! Highlights of your Senior Center Membership: newsletter direct mailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, as well as, trips and tours, fitness, educational, enrichment and dance classes. The Bremerton Senior Center is also home to many entertainment groups, such as: Sunshine Singers, Center Line Dancers and more. Rates are on page 3.

- **COUPLES MEMBERSHIP** is for two people, at least one needs to be 55 or better, who reside at the same address. We have resident and non-resident rates. Rates are on page 3.
- **SINGLES MEMBERSHIPS** are for single city and non-city residents. Rates are on page 3.
- **ASSOCIATE MEMBERSHIPS** are for those individuals not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center. This is a great membership for sons and daughters of members or active adults who participate at the Bremerton Senior Center. Rates are on page 3.