



# Bremerton Senior Center Active Us Newsletter April-June, 2026



The "Active Us" is THE place to get your information for the Bremerton Senior Center.

1140 Nipsic Ave., Bremerton, WA 98310

## BREMERTON SENIOR CENTER

**CENTER HOURS: MON-FRI 8 AM TO 3 PM**

### STAFF

Lisa Garland, Recreation Program Coord. III

Samantha Klous, Program Assistant

### VOLUNTEER RECEPTION

Monday: Berta Stone

Tuesday & Thursday: Mac Whittlesey

Wednesday: Marie Erickson

Friday: Al Butler, Marcy Caulfield

Volunteer Coordinator: Matt Klous

## TABLE OF CONTENTS

Membership/Holidays.....	2
Volunteer of the Quarter .....	2
Lisa's Liner Notes & \$UM\$ Corner.....	3
Daily Activities .....	4-6
Daily Calendar, Meals on Wheels .....	6
Trips and Tours .....	7
Special Event Casework Connections.....	8
Wa. Parks Presentation & Taking Charges....	9
Socials.....	10
BINGO & Crafternoons .....	11

## CENTER HOLIDAYS

We are closed on the following dates:

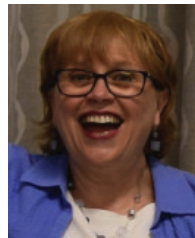
**Monday, May 25th**

**Memorial Day**

**Friday, June 19th**

**Emancipation Day**

## Volunteer of the Quarter-Jean Scott



We are so fortunate to have Jean as a volunteer! Jean is always willing to jump in and help whenever we need her and always brings her can-do attitude and great ideas to the table! Thanks Jean!

## MEMBERSHIP

Membership runs the calendar year January-December. We are open to all people ages 55 and better.

### 2026 rates:

#### CITY RESIDENTS

Single \$25.00/yr

Couples \$35.00/yr

Associate \$35.00/yr

NON-MEMBER -DAILY DROP IN FEE (Non-class activities, per person, per day) \$5.00

#### NON-RESIDENTS

Single \$40.00/yr

Couples \$55.00/yr

Associate \$55.00/yr

The Senior Center is a division of the City of Bremerton Parks & Recreation Department. Payment can be made by calling the Senior Center, coming in or mailing your check. Keeping current on your dues ensures that you receive this newsletter via email or at your door step.

Highlights of your Membership include our newsletter direct mailed/emailed, participation in over 30 activities at no additional charge and trip registration priority. We are an active recreation center for all adults 55 and better. We have daily drop-in activities you can participate in, trips and tours, fitness, educational, hobbies, enrichment and dance classes. The Bremerton Senior Center is also home to entertainment groups, such as: Sunshine Singers and the Center Line Dancers.

• COUPLES MEMBERSHIP is for two people, at least one needs to be 55 or better, who reside at the same address.

• SINGLES MEMBERSHIPS are for single individuals.

• ASSOCIATE MEMBERSHIPS are for those not yet 55 but who still would like to participate in the programs, trips and classes offered at the Center.

## MISSION STATEMENT

***The Bremerton Senior Center is committed to enriching Senior lives in Bremerton by providing lifelong learning and recreational opportunities.***

# LISA'S LINER NOTES & \$UM\$ CORNER

## Lisa's Liner Notes

**It's Spring! It's time for having a blooming good time!!**

We have lots of fun things happening this quarter! We are celebrating Spring with a couple of Nursery visits to make our gardens beautiful for the coming season. It's also the time of year for our Shoe-In Treks. The Treks are more than a walk and not quite a hike. Read about those on the Trips and Tours page **and** make sure to check the back cover if you are uncertain about the trip ratings.

April is Volunteer Appreciation month, and this is so very important to us at the Center because it's **you all** that keep things happening here at the Center! Without our volunteers the Sr. Center is just not the same and we know it!!! We can't wait to celebrate our many Volunteer Super Heroes in April. Watch for your invitations volunteers!

Check out the fun Trips and Tours we are going on this Spring. AND, if you have an idea for a trip let us know. Have you been somewhere for a great meal or been to a museum or on a walking trail you think our members would like? We are always up for something new and exciting and we love your ideas. Thanks!

-Lisa

## \$UM\$ CORNER

Hello \$UM\$ Members,

**We are excited to announce our 2nd Applebee's fundraiser for \$UM\$! See the flyer in this Active Us. Save the date: Thurs., May 21st.**

We want to extend our sincere appreciation to all of you for your hard work and dedication to \$UM\$ throughout 2025. Your time, generosity, and commitment keep our organization strong and thriving. Because of you, we continue to support and enhance our Senior Center community in meaningful ways.

Lissa Gilmore and Cheryl McGinnis will continue serving as your Vice President and Treasurer for another two-year term.

Thank you both for your continued leadership and Service. 2025 ended with \$15,059.67 in the treasury. Through careful stewardship and successful fundraising efforts, \$UM\$ remains in a solid financial position. Looking ahead we plan to invest a significant portion of these funds toward the purchase of new tables and chairs for the Center.

We have an exciting fundraising calendar planned for 2026, including: Three bake sales, two raffles and two restaurant fundraising events. Our first bake sale is scheduled for April 14 during the Volunteer Appreciation Social. Thank you in advance for your generosity and delicious contributions. The second bake sale will take place in June during the Woodcarvers event.

Our first basket raffle is planned for the Burger Bash this summer. If you or your group would like to create a raffle basket, please contact Lissa Gilmore, Vice President, by text at 360-509-3417. Individuals and groups are both welcome to participate — the more creativity, the better!

We have secured a Dine to Donate event at Applebee's on May 21. **Please note the insert in this newsletter, you will need that with you at Applebees for us to receive the percentage!**

Good Governance Update:

The 2025 \$UM\$ audit was found favorable. \$UM\$ registration for both State and Federal Non-Profit authorization has been completed. These milestones reflect responsible oversight and continued compliance, ensuring \$UM\$ remains strong and transparent for our members.

As we move forward with continued support and shared purpose we are reminded that \$UM\$ is more than fundraising. It is shared community, friendship and support. Thank you for being part of \$UM\$. We look forward to a continued successful and meaningful year together.

Your \$UM\$ Officers

# DAILY ACTIVITY INFORMATION

## COMPUTER LOUNGE

**DAILY, 8:00 AM-CLOSE**

Open daily for your convenience, now with high speed internet. Check your email or do some online research.

## POOL

**DAILY, 8:00 AM-CLOSE**

Four tables are open daily for play. All levels of skill are welcome. Shoot a few games or refine your skills. Cues are available or bring your own.

## SPADES

**DAILY, 8:00 AM-CLOSE**

Spades is a trick taking card game sure to get you hooked. All are welcome.

## SEATED CHAIR EXERCISE UPDATE!

**MONDAYS, 8:30-9:15 AM, \$3**

**During this quarter Junko will be teaching ZUMBA seated fitness.** Boost your energy level, build strength, circulation and mood. \$3 per class.

## ARTISTS AMONG US

**MONDAYS, 9:00 AM**

Do you sketch, sculpt, paint? Do you have an art project that you would like to work on but don't have the space or just want a little company? Bring your art and work among friends.

## RUMMIKUB

**MONDAYS, 10:00 AM**

Rummikub is a tile based game combining the elements of the card game Rummy and tile game Mahjong.

## SUNSHINE SINGERS

**MONDAYS, 10:00 AM-12:15 PM**

Music lifts our spirits and boosts our endorphins, and can help our memory, mental health and mood. Come sing with us and start your week off with a song.

## SENIOR OPEN ICE SKATE

**MON. AND WED., 11:15 AM-12:15 PM**

Pick up your free weekly passes at the Center to skate at the Bremerton Ice Center. Skates are available to rent for \$5.00. **This is a free program for Senior Center Members.**

## CENTER LINE DANCERS

**MON. - BEG 12:30-1:45 PM/INT 1:45 PM-CLOSE**

**WED. - BEG 10:15 AM/INT 11:30 AM/ADV 12:30-3:00 PM**

Line dancing is a fun way to get fit and feel great! Learn and practice routines to upbeat music. This class is guaranteed to put a smile on your face and add a bounce to your step.

## SR. INDOOR PICKLEBALL

**MONDAY & WEDNESDAYS, 9:00-11:30 AM**

**SHERIDAN PARK GYM**

Pickleball is a cross between tennis and ping pong for 2-4 players. Play is for fun, not an organized lesson. Sign in at the main desk at Sheridan Park. All skill levels are welcome! (Equipment is provided).

## CRAFT CLUB WITH SALLY

**TUESDAYS, 9:00 AM-12:00 PM**

Looking for new craft ideas? Need some help with an unfinished project? This group can do it all from sewing to making curtains, scarves and more! Join in the fun! Bring your favorite project or learn something new.

## GOOD GRIEF- WIDOWS GROUP

**TUESDAYS, 10:00 AM-12:00 PM**

This group empowers, educates and supports widows in living with their grief rather than in grief through the formation of sisterhood. The focus is on supporting each other, modeling courage and meeting each other's and your own needs.

Daily Activities are free for BSC members unless otherwise noted. Non members pay fee of \$5 drop in per day.

# DAILY ACTIVITY INFORMATION

## BOOK CLUB

**LAST TUESDAY, MONTHLY 12:30-1:30 PM**

Join anytime. We work with Kitsap Regional Library to get our books. If you are a reader and love to talk about books, join us. Pick up the book for the month in the office.

## PING PONG/TABLE TENNIS

**TUES. & THURS., 8:00-11:00 AM**

Bring your paddle or use one of the Center's and have some fun. Whether you call it ping pong or table tennis, it's always a good time and great exercise. All skill levels are welcome.

## BRIDGE

**TUESDAYS, 12:15 PM**

**THURSDAYS, 9:00 AM**

A classic game recognized as a mind sport, Party Bridge is a partnership trick-taking card game of skill. It is played by four players who form two partnerships.

## CO-ED REC MODIFIED SOFTBALL

**TUES. & FRI., 10 AM-12 PM**

**BREMERTON SPORTS CENTER, PENDERGAST PARK  
THRU APRIL 17TH**

**LIONS PARK, FIELD 1, APRIL 21ST THRU OCT. 9TH**

Enjoy co-ed softball. Our emphasis is on having fun through friendly competition, exercise and developing individual hitting and fielding skills in a positive team setting.

*Sr. Center membership is required.*

## SHIBA MEDICARE/MEDICAID

**2ND WEDNESDAY, MONTHLY, 9:00-11:00AM**

SHIBA's trained volunteers provide free, unbiased and confidential assistance with Medicare and health care choices. They determine eligibility for programs; compare Medicare plans/programs AND provide enrollment help with Medicare and more.

## CRIBBAGE

**WEDNESDAYS, 9:00-11:30 AM**

Enjoy this classic card game. Be the first to get to 121 points. Great card game for 2-4 players. All are welcome.

## ZUMBA GOLD

**WED. & FRI., 9:15-10:00 AM, ONLY \$3!**

Get your groove on with our amazing instructor Junko. ZUMBA Gold is designed to meet the fitness needs of adults 50 and better. Class cost is \$3 paid to Junko.

*Sr. Center membership is required.*

## MAHJONG

**WED. & FRI., 12:00 PM**

The goal of Mahjong is similar to poker. The aim is to make matching sets and pairs. To win a player must form their tiles in four sets and one pair. Generally this groups plays American/National style but we are flexible and have plenty of room.

## TAI CHI

**THURSDAYS, 1:30-2:30PM, \$5 PER CLASS.**

Tai Chi improves balance, helps to prevent falls and increases flexibility. It is slow, gentle movements and postures and a meditative state of mind. Focus is on proper breathing and the postures and is accessible for all fitness levels. Instructed by Sandy Carlson.

## DONATIONS TO THE SENIOR CENTER

We always welcome donations of coffee, decaf, napkins, sugar, creamers, candy and paper cups. Interested in other donation opportunities? Check with us in the office. If you are considering a monetary donation, please speak with Lisa in the office. Thanks!

**Daily Activities are free for BSC members unless otherwise noted. Non members pay fee of \$5 drop in per day.**

# DAILY ACTIVITY INFORMATION

## QUILTING

**THURS. & FRI., 10:00 AM-2:30 PM**

Novice or experienced quilters, come one come all. Bring your quilting supplies and create with other quilters. You can even take lessons on our long arm quilting machine. (Required before use of machine.)

## DOMINOES

**FRIDAYS, 10:00 AM**

The object of the game is to score points by being the first player to play all your dominoes in a round. Played with two or more players this game can get lively. Join the fun and play a game of bones with us.

## JAM SESSIONS

**FRIDAYS, 1:00- 2:30 PM**

Do you love to play music? This is a collaborative jam session with no leader, just fun for fun's sake. Bring your instruments and music and jam with your friends. Music connects us with others. It's exercise for the brain and is proven to improve our mood and our memory. Plus, it is hugely fun so don't miss out!

### MEALS ON WHEELS KITSAP AT THE BREMERTON SR CENTER

**Thurs. & Fri. @ Noon, \$5**

Enjoy nutritious, delicious lunches and share a community meal. Reservations are needed. **Call the Meals on Wheels office at 360-377-8511 by 2 pm the previous day.**

<b>M O N D A Y</b>	8:00 POOL, SPADES 8:30 SEATED CHAIR EXERCISE 9:00-1:00 ARTIST AMONG US 9:00-11:30 INDOOR PICKLEBALL @ SHERIDAN PARK GYM 10:00 RUMMIKUB 10:00 SUNSHINE SINGERS 11:15 ICE SKATING @ BREM. ICE CENTER 12:30-3:00 LINE DANCING
<b>T U E S D A Y</b>	8:00 POOL, SPADES 8:00-11:00 PING PONG/TABLE TENNIS 9:00 CRAFT CLUB WITH SALLY 10:00 SR. CO-ED REC. SOFTBALL <b>SEE PAGE 5 FOR DATES/LOCATIONS</b> 10:00-12:00 GOOD GRIEF WOMEN'S GROUP 12:15 BRIDGE 12:30 BOOK CLUB, <b>LAST TUES/MONTH</b>
<b>W E D N E S D A Y</b>	8:00 POOL, SPADES 9:00 CRIBBAGE 9:00-11:00 SHIBA, <b>2nd WED.</b> 9:00-11:30 INDOOR PICKLEBALL @ SHERIDAN PARK GYM 9:15 ZUMBA GOLD WITH JUNKO 10:15-12:00 LINE DANCING 11:15 ICE SKATING @ BREM. ICE CENTER 12:00 MAHJONG
<b>T H U R S D A Y</b>	8:00 POOL, SPADES 8:00-11:00 PING PONG 9:00 BRIDGE 10:00-2:30 QUILTING 12:00 MEALS ON WHEELS 1:30 TAI CHI
<b>F R I D A Y</b>	8:00 POOL, SPADES 9:15 ZUMBA GOLD WITH JUNKO 10:00 DOMINOES 10:00 SR. CO-ED REC. SOFTBALL <b>SEE PAGE 5 FOR DATES/LOCATIONS</b> 10:00-2:30 QUILTING 12:00 MEALS ON WHEELS 12:00 MAHJONG 1:00-2:30 JAM SESSIONS

# TRIPS AND TOURS- AND AWAY WE GO!

**REGISTRATION BEGINS 3/31/26 AT 8:00 AM.** PLEASE READ ALL TRIP/TOUR INFORMATION ON THE BACK PAGE OF THIS ACTIVE US PRIOR TO SIGNING UP FOR A TRIP. IT IS IMPORTANT TO UNDERSTAND THE TRIP RATINGS AND THAT YOU ARE ABLE TO FOLLOW THEM TO ENSURE YOUR SAFETY AND ENJOYMENT AND THE ENJOYMENT OF OTHER MEMBERS ON EACH TRIP. **MEALS ARE PAID ON YOUR OWN.**

## **FISH AND CHIPS CHALLENGE-DUKES SEAFOOD & WATERFRONT MARKET AT RUSTON**

**WED., APRIL 8TH, \$22, R1**

Today's entry for best fish and chips is Duke's Seafood on Ruston Way in Tacoma. A bit more of a dinner priced meal, let's see if they are one of the best in the NW. After lunch we visit the Waterfront Market at Ruston. **Meal on your own.**

## **SWEET CHARITY AT THE TACOMA MUSICAL THEATER & DINNER AT TORERO'S MEXICAN RESTAURANT**

**FRI., APRIL 17TH, \$70, R1**

You won't want to miss this great Neil Simon play. You may recall Shirley McClain in the movie belting out Big Spender and If My Friends Could See Me Now. Dinner is at Torero's Mexican Restaurant. **Meal on your own.**

## **WEST SEATTLE GARDEN DAY**

**THUR., APRIL 30TH, \$36, R1**

We head to West Seattle to check out the South Seattle College Nursery and the West Seattle Garden Center. We'll take a break in between for lunch at Alki SPUD fish and chips. **Meal on your own.**

## **EMERALD QUEEN CASINO**

**WED., MAY 13TH, \$27, R1**

Join us for gaming fun at this favorite local Casino. With over 4,400 slot machines, 60 table games, and delectable dining options. **Meal on your own.**

## **NORTH KITSAP GARDEN DAY**

**WED., MAY 27TH, \$26, R1**

Our first stop is Bainbridge Gardens, a local family owned favorite. Lunch is at Field House at Town & Country Market. Next stop is Valley Nursery and from there we will make our way back via Roadhouse Nursery in Central Kitsap. **Meal on your own.**

## **EXQUISITE CREATURES EXHIBIT, SEATTLE**

**THURS., JUNE 4TH, \$57, R2**

Pacific NW artist-naturalist Christopher Marley reflects on our relationship with nature, beauty and diversity via three-dimensional works comprised of animal, mineral, and plant specimens arranged in geometric compositions. The works inspire wonder and foster a desire to preserve the natural world.

(For photos: [HTTPS://CHRISTOPHERMARLEY.COM/PAGES/VISIT](https://CHRISTOPHERMARLEY.COM/PAGES/VISIT)) We'll be dropped off/picked up at the Ferry. The Gallery is across from Seattle Ferry. Meal at Elliott's Oyster House on your own.

## **SENIOR DAY AT TACOMA RAINIERS**

**TUES., JUNE 9TH, \$76, R2**

It's Party Patio time while we root for the home team playing against the Albuquerque Isotopes. **Ticket includes a picnic lunch with hamburgers, hot dogs, salad and more along with beverages, both hard and soft.**

## **SHOE IN TREK-TACOMA NATURE CENTER**

**THUR., JUNE 18TH, \$21, R3**

We explore the Tacoma Nature Preserve just across the Narrows Bridge. The central feature of the Tacoma Nature Center is the 17-acre serpentine-shaped Snake Lake. The lake is home to the spectacularly colored wood duck among more NW birds and animals. **Bring your sack lunch and we will stop for ice cream on the way home.**

## **NORTHWEST CARRIAGE MUSEUM**

**THURS., JUNE 25TH, \$56, R2**

This treasure of a museum has been featured in local magazines. More than just carriages, you'll see history, including a one room schoolhouse; the hands-on wheelwrights' shop; you can climb aboard a real wagon and even drive a mechanical, talking horse. We'll stop for lunch at the C & C Diner and maybe stop for ice cream on the way back. **Meal on your own.**

**Bremerton Senior Center is hosting:**

## **Casework Connections**



**Tues., April 21st, 10AM-4PM**

**(Special hours for this event only.)**



**OPEN TO ALL RESIDENTS IN THE WASHINGTON 6TH CONGRESSIONAL DISTRICT.**

Staff from our local Congressional Representative Emily Randall's office will be here to help all local constituents.

If you can't get an answer from a federal agency in a timely fashion, or feel you have been treated unfairly, their office may be able to help resolve a problem or get you the information you need.

While they cannot guarantee you a favorable outcome, they will do their best to help you receive a fair and timely response to your problem.

**Staff requests that you please bring all pertinent information and claim numbers relating to your issue—such as:**

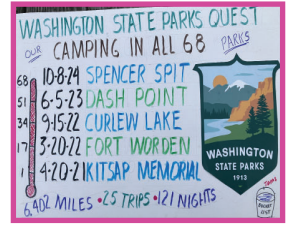
- Your Social Security number for a case involving Social Security;
- VA claim number for a case with Department of Veterans Affairs;
- Taxpayer identification number (Social Security number, if individual) for an Internal Revenue Service problem, etc.;
- Your address, home phone number and daytime phone number (if different than home) so that they can obtain any additional information from you that might be necessary;
- Copies of any related documents or correspondence that you may have from the agency involved.

**For more information, direct your questions to Congresswoman Randall's office at 253- 272-3515.**

# ADVENTURES IN WA. ST. PARKS & TAKING CHARGE



## ADVENTURES IN WA. STATE PARKS WITH TOM AND DEBBIE BAKER! TUES., APRIL 7TH 12:00-1:30 pm



Head into the great outdoors with members Tom and Debbie Baker. From ocean beaches to old-growth forests, historic sites to cross country biking trails, Washington State Parks has it all.

Tom and Debbie recently completed camping in **all 68 Washington State Parks**. Join them for a presentation on their travels across Washington, 6,400 miles, 25 trips and 121 nights. Find out about the smallest, largest, most distant, the only park with a campsite view of the Pacific Ocean and more!

They share highlights from their four year quest to explore the full range of what our State parks have to offer. Along the way they camped in all state parks with drive-in camping, visited more than 50 day use parks, and toured nearly every interpretive center across the state. This presentation features a trip up the Columbia River from Cape Discovery State Park, visiting State Parks along way, including the newest state park, and a stop at the best bakery in Washington. The last part features important tips on finding campsites, making reservations and how to find the missing state park information you need to find the right campsite for your stay.

Whether you are a camper or appreciate our amazing Washington State Parks, you are sure to enjoy this presentation! A light lunch will be served, sponsored by the Bakers.

**CALL THE OFFICE TO RESERVE A SPOT.  
360-473-5357**



## TERESA BRYANT OF EDWARD JONES PRESENTS: TAKING CHARGE MAKE YOUR MONEY LAST



**TUESDAY, MAY 12TH  
12:00-1:30 pm**



Teresa addresses ideas to help build a strategy for managing income and expenses during retirement. Explore how to address key concerns such as inflation, health care expenses and market volatility as well as ways to prepare for things that may not go as expected.

Light lunch will be served  
**CALL TO RESERVE A SPOT.  
360-473-5357**

## TAKING CHARGE Kitsap Co. Library Services TUESDAY, MAY 26TH 12:00-1:30 pm

Did you know that you can book time with a librarian for help with library services? You can also reserve book bundles based on your reading preferences. There are many more services you may not know about at our libraries. Cindy and Tyler discuss library services such as mobile services, databases, and the different programs that the Sylvan Way and MLK branches run each month.

Light lunch will be served  
**CALL 360-473 5357 TO RESERVE A SPOT.**

# April is Volunteer Appreciation Month!

YOU ARE OUR FAVORITE  
**SUPERHERO!**

It's time for our Volunteer  
Appreciation Social!



**WE CELEBRATE OUR SUPERHEROES  
-OUR VOLUNTEERS!**



Tues., April 14th, 12:00-2:00 pm  
by Invitation.



If it weren't for our Super volunteers, the Senior Center  
wouldn't be so fabulous!



Please RSVP by April 7th



# CINCO DE MAYO SOCIAL



Tues., May 5th, 12:00-2:00 pm  
Tickets \$8



Join us for some great Mexican food, music  
with Dave and Rosalee and  
lots of fun!



360-473-5357



**Crafternoon  
Garden  
Whimsies!**



**Tues., April 28th  
12:00-2:45 pm, \$15**

**You'll leave this fun  
workshop with 2  
beaded garden stakes  
to decorate your  
garden pots and a  
painted garden stone  
or two.**

**Come have fun with  
us as we get ready for  
garden season.**



**Register by April 20th.  
All supplies provided.**

**White Elephant**



**BINGO**

**Tues., May 19th  
Wed., April 15th & 22nd,  
May 6th, June 3rd & 24th**

**1:00-2:30 pm**

Bring a wrapped White Elephant gift, worth between \$5-\$10, old or new. Each person can play 2 cards. At the end of each game the winner chooses a gift. Each consecutive winner will have the option of choosing a new gift or stealing a gift from another player.

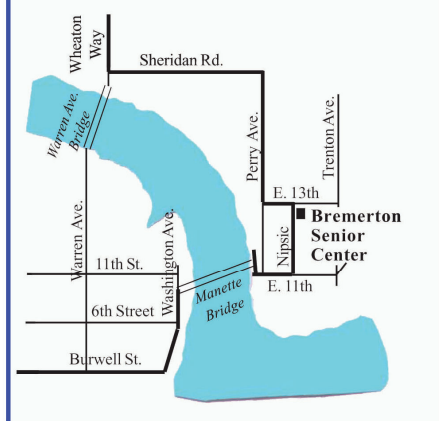
**Call to reserve your spot  
360-473-5357**



**PRSR STD  
U.S. POSTAGE  
PAID  
Bremerton, WA  
Permit #209**

**IMPORTANT TRIP AND TOUR INFORMATION**

Bremerton Senior Center  
1140 Nipsic, Bremerton, WA 98310  
360-473-5357



## IMPORTANT TRIP AND TOUR INFORMATION

**BSC REPRESENTATIVE:** A staff member accompanies tours and will try to ensure that the tour runs as close to schedule as possible, you are as comfortable as possible, and handle any issues that may arise. All participants must have a current emergency medical waiver form on file prior to traveling.

**FULL TRIPS:** If a trip is full, please place your name on the waiting list.

**PARKING:** Please contact the Senior Center office regarding the parking policy.

**REFUNDS:** The Bremerton Senior Center reserves the right to cancel any tour that does not fill or reach its minimum prior to the travel date, or due to unforeseen circumstances. Every effort will be made to provide sufficient notice. In that event, you will receive full credit on your account to be used on another trip at the Senior Center. Refunds will not be given to any trip \$19 or less that you need to cancel. Trips canceled by the participant (\$20 or more) will be charged a 10% cancellation fee. No refunds will be given for trips canceled by a member less than 24 hours in advance of departure. Cancellations for extended trips vary. All registrations are first come, first served and members have priority.

**PAYMENTS:** Full payment is due at the time of registration.

**NAVIGATOR/CO-PILOT:** The passenger seat is designated the navigator/co-pilot. As the navigator/co-pilot your driver may request your assistance with either driving directions, buckling and unbuckling other travelers and closing the large passenger door. While not all trips require the above mentioned services, there is a basic need for them to some extent on all trips. Please be sure that your physical condition will allow you to perform such duties if requested.

### TRIP RATINGS:

**R1:** Board and depart bus/van and walk 2-3 blocks without stopping to rest. Must be able to stand 15-30 min.

**R2:** Board and depart bus/van and walk 4-5 blocks without stopping to rest. Must be able to stand 30-45 min., handle stairs and walk a mile in under 20 min.

**R3:** Board and depart bus/van and walk 5-7 blocks on uneven surfaces without stopping to rest. Must be able to stand 30-45 min., handle stairs and some hills, walk a mile in under 20 min and be able to walk up to 5 miles round trip.

**CHECK TRIP RATINGS CAREFULLY WHEN REGISTERING. SIGNING UP FOR TRIPS THAT ARE WITHIN YOUR ABILITIES WILL ALLOW YOU AND YOUR FELLOW TRAVELERS TO HAVE A BETTER EXPERIENCE.**